



Advanced Neurolanguage Coaching® Certification

October-December 2026

Session	Topics
Session 1 27th October 19.30-22:30 CEST/Spain time	Updates of the brain • The learning brain • More about the limbic system • Childhood trauma and learning trauma/negative beliefs • Brain chemistry • Revisiting Motivation Practice coaching the coachee around learning scenarios: • Negative mindset regarding learning • Fear to speak language • Bad memories from school • Unmotivated learner • Age is a problem for learning!
Session 2 3rd November 19.30-22:30 CEST/Spain time	Coaching agreement and contract in depth • Setting out a coaching agreement • Presenting the agreement to the coachee • ICF Ethics and competences - explaining these to the coachee Advanced Fundamentals of coaching • Deepening Active Listening The seven levels of listening Coaching practice for deeper listening • Non verbal communication Reading body language and gesture as a coach • Powerful questions – going deeper Coaching practise for more powerful questions
Session 3 11th November 19.30-22:30 CEST/Spain time	Advanced Fundamentals of coaching • Enhancing empathy- the empathetic coach • Practicing for empathy • Effective acknowledgement and feedback • Practicing for effective feedback Introducing Neurolanguage Coaching toolkit and coaching learning techniques • Strengthening coaching techniques • Building confidence and coaching to tap into confidence • Introducing useful Tools/models from coaching ○ Johari Window ○ Coaching practice with the Johari window

Session	Topics
	○ Swot analysis ○ Finest moment ○ Coaching practise with Finest moment ○ What if? ○ Coaching practice with what if? ○ Fork in the road ○ Coaching practice with Fork in the road ○ Coaching models GROW, PRACTICE, CREATE and FEELING ○ Coaching practice with the models ○ Introducing SMART goals ○ Coaching practice around SMART ○ Boyatzis Model of Intentional Change ○ ICEBERG model to assess hidden emotions ○ Gagne's Nine Levels of Learning ○ Neurolanguage coaching models ▪ the 3Ms (Motivation, Mechanical, Mastery) ▪ the 5cs (Concrete requirements, Clear Goals, Coaching conversation, Connecting the brain, Completion ▪ PACT PQC
Session 4 17th November 19.30-22:30 CEST/Spain time	● Action priority matrix – coaching to find the coachee's priority actions Assessing the learning impact through coaching conversations and measuring the learning subjectively ○ Assess Learning Impact – coaching to discover the learning about the material and about oneself and the impact this has on the process, potential changes this could imply/highlight ○ Using the FEELING model to assess and review ○ Using a Goal review conversation and measuring the learning/progress ● Create your own CEF ○ What is the Central European Framework for languages? ○ Coaching Conversations to find the language level ○ Coaching conversation for the coachee to assess own language level ● Pulse Check ○ Powerful questions to assess status quo ○ Powerful questions to assess emotions of coachee ○ Powerful questions to assess motivation

Session

Topics

Session 5

24th November
19.30-22:30
CEST/Spain time

Practice Pulse check coaching
Case Study Judy - live coaching – building up the process step by step

- Suggested plan
- Breakdown of topics
- Delivering Ongoing NLC sessions
- Initial session
- Goal setting framework
- Breaking down goals
- Effective actions
- Problem resolution
- Discovering learning styles and limbic blocks
- Establishing realistic time and commitment
- Managing progress and accountability

Case Study Judy – ongoing sessions

- Delivering grammar through coaching conversations PACT PQC
- Delivering mastery goals
- Coaching in a Review session and setting next goals
- Measuring success through coaching conversations

Session 6

1st December
19.30-22:30
CEST/Spain time

Team Coaching
Team coaching in general - What is team coaching
Role of the coach when coaching teams
How to develop social empathy/trust within the team
Coaching to discover roles in a team
Team goal setting
Team action setting
Coaching around team rules
Managing progress and accountability of a team
Group Neurolanguage Coaching – what can we transport from Team coaching into Language Coaching

- How to coach language learning groups?
- SCARF issues and coaching around these in groups
- Group language goal setting
- Group language action setting
- Individual goal setting in a group
- Managing progress and accountability

Session 7

8th December
19.30-22:30
CEST/Spain time

Group Language Coaching - Case Study Group X
Live coaching Practice – complete session

- Conducting initial coaching session with the group
- Coaching around togetherness
- Coaching around establishing group rules
- Mechanical goal setting
- Mastery goal setting
- Setting group actions
- Planning, structure and delivery
- Managing accountability and progress
- Review session for group

Session	Topics
	Troubleshooting in Coaching • Difficult and focused topics (eg aviation) • Specialised issues (ie pronunciation) • What to do with advanced learners? • Language Coaching for beginners • Language coaching for children • Executive Language Coaching
Session 8 15th December 19.30-22:30 CEST/Spain time	Learning Tips • Advising coachees how to learn • Learning styles revisited • Effective brain exercises • Systematic/progressive • Mindmapping • Learning strategie • Technology in the learning process